



Richard Cunningham, MD
Complex Knee & Shoulder Surgery
Fellowship Trained in Sports Medicine
Edwards: (970) 569-3240
Frisco: (970) 668-3633
E-Mail: cunninghamteam@vsortho.com
www.vailknee.com

PRE-OPERATIVE CHECKLIST FOR SURGERY

___ PLEASE provide a phone number at which you will be available for the 24 hours prior to scheduled surgery

___ ARRANGE FOR A RIDE HOME: You will need to arrange for a ride home from the hospital. If you are an Outpatient Surgery patient you will need someone with you for at least 24 hours after surgery. The hospital will not allow you to proceed with surgery unless a ride has been arranged for.

___ CONTACT surgical facility if you wish to verify network status with your insurance company and obtain an estimated cost. (VSO verifies benefits for surgeon and surgical assistant fees).

___ Vail Valley Medical Center (970.476.2451)

___ Vail Valley Surgery Center-Vail (970.476.8872)

___ Vail Valley Surgery Center- Edwards (970.569.7400)

___ St. Anthony Summit Medical Center (970.668.2811)

___ Peak One Surgery Center (970. 668.1458)

___ CONTACT Anesthesia to verify network status with your insurance company and obtain estimated cost. (VSO verifies benefits for the surgeon and surgical assistant fees).

___ Anesthesia Partners of Colorado for surgery in Eagle County (970-315-3858)

___ Team Health National Patient Center for surgery in Summit County (877-307-4554)

___ PREPARE YOUR HOME for after surgery (ie. remove throw rugs and things that you could trip over, set up house so you can live on only one floor, install safety grab bars in your bathroom).

___ CONTACT pre-surgical planning for:

___ Phone interview 970-479-5144

___ Appointment

___ FILL Post-Operative Medications

___ Nasal swab: Bring sample to hospital laboratory. If results are positive, you will be contacted and informed to begin treatment (including nasal antibiotic and body scrub)

___ Other: PLEASE CONTACT MEGAN AT 970-477-7416 IF YOU WOULD LIKE A GAME READY COOLING UNIT OR A POLAR CARE UNIT <https://www.youtube.com/watch?v=jSZcXuHML50>

___ Visit www.vailknee.com/videos for information on your condition, treatment options and more. **WARNING:** Some of the videos contain graphic surgical content. **Viewer discretion is advised.**